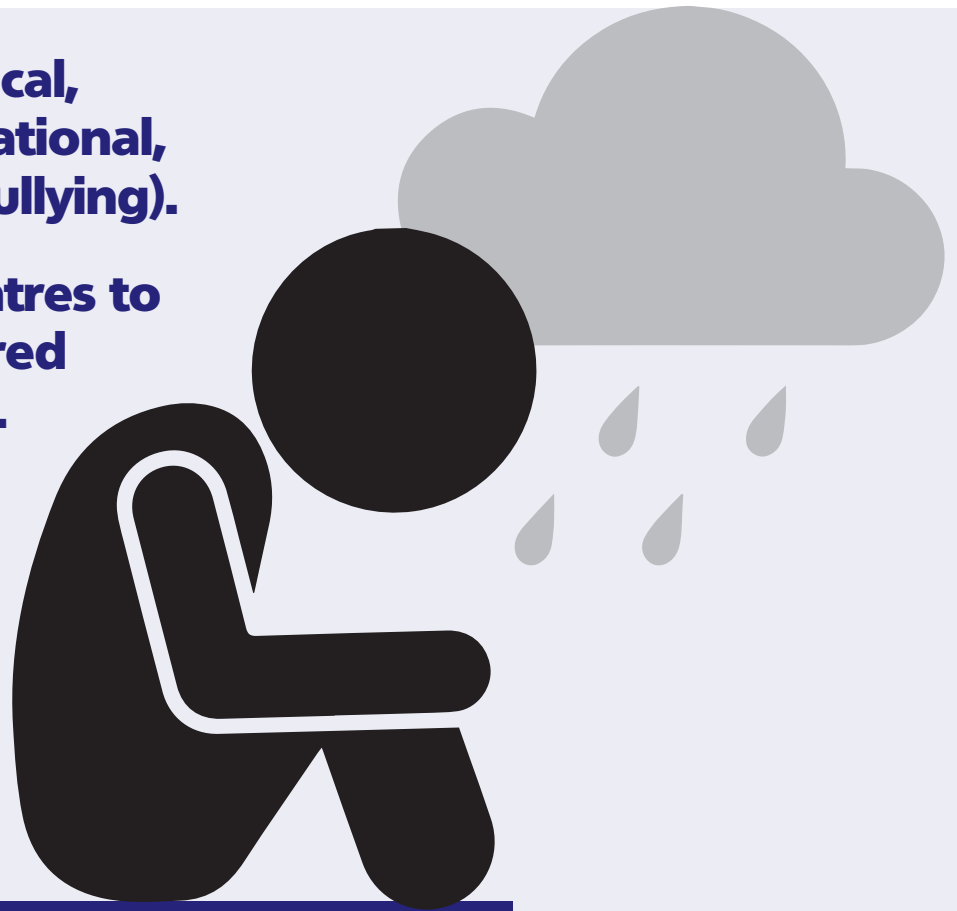




Bullying

Bullying can be physical, verbal, social and relational, or electronic (cyberbullying).

It's important for centres to have a clear and shared definition of bullying.



4 essential characteristics of bullying

+ Behaviour is mean and harmful

+ Behaviour is repeated, persistent and ongoing

+ Behaviour is deliberately intended to cause harm, fear, or distress

+ There is a perceived or real power imbalance between perpetrator and victim

NOTE: not all aggressive or harmful behaviour is considered bullying

Steps teachers can take to prevent bullying



Build a deep understanding of the children you work with



Teach children about feelings and prosocial behaviour



Set a positive example



Establish a safe environment and promote inclusion and acceptance throughout the whole centre



Take children's requests for help seriously and intervene immediately